

# TUCKSHOP MENU: WOOLLOOWIN SS - TERM 2

## COLD LUNCH

**Sandwiches - \$2.50 - \$3.50**  
Vegemite / Ham / Cheese / Tomato  
*wholemeal bread (HM, V, GFO)*

**Chicken Caesar Wrap (HM, GFO) - \$5.00**  
*Grilled chicken, lettuce, parmesan cheese and Caesar dressing all wrapped in a flour tortilla.*

## HOT LUNCH

**Toasties (HM, GFO) - \$3.00 - \$4.00**  
Vegemite / Ham / Cheese / Tomato  
*(Freshly made on wholemeal bread)*

**Pasta Bolognese (HM) - \$6.00**  
*(Beef mince sauce with pasta topped with cheese) (HM)*

**Chicken Nuggets & Salad (HM, GFO) - \$6.00**

**Cheese Burger (HM, GFO, VO) - \$6.00**  
*(Beef patty, lettuce, cheese, tomato.  
Veggie patty also available.)*

**Japanese Curry (HM) - \$6.00**

**Pizza (HM, GFO) - \$6.00**  
Ham/Cheese/Pineapple

## DRINKS

**Bottled water - \$2.50**

**Sparkling water - \$2.50**

**Orchy Fruit Smoothie - \$3.00**

**Plain milk / Flavoured milk - \$2.80**

*(Plain/Strawberry/Chocolate)*

**Juice - \$2.70**  
*(Apple/Tropical)*

### BIRTHDAY OPTIONS

**Birthday Cupcakes**  
**Whole Class - \$30.00**

**Birthday Quelch**  
**Whole Class - \$15.00**

## SUSHI WEDNESDAY

Tuna sushi (GF)  
Chicken teriyaki sushi  
Avocado sushi (GF, V)  
Chicken Poke Bowl  
Beef Teriyaki Poke Bowl  
Vegetarian/Avocado Poke Bowl



Orders close Tuesday 10am  
**Sushi Wednesday commences Week 2**

Prices range from **\$4.00** for single roll to  
**\$12.00** for large bowl

## SNACKS

**Fruit Salad (HM, V, GF, DF) - \$3.00**

**Frozen Grapes (V, GF, DF) - \$1.00**

**Seasonal Fruit (V, GF, DF) - \$1.50**

**Apple Slinky (V, GF, DF) - \$1.70**

**Brownies (HM) - \$1.00**

**Vegetable sticks with hummus - \$3.00**  
*(Carrot/celery/cucumber) (GF, V, DF)*

**Popcorn (GF, DF) - \$1.50**

**Cheese & crackers (V) - \$2.50**

**Greek yoghurt tub (GF, V) - \$2.00**  
*(Reduced fat, Vanilla, 250mL)*

**Vanilla Cup - \$2.00**

**Jelly Cups (HM) - \$1.50**

**Paddle Pop ice-cream - \$2.00**  
*(Chocolate/ Rainbow)*

**Ice blocks - \$1.00**  
*(99% fruit juice, raspberry/lemon/orange) (DF)*

**SAVE TIME & ORDER ONLINE USING MUNCH MONITOR**

HM - HOME-MADE GF - GLUTEN FREE DF - DAIRY-FREE V - VEGETARIAN VE - VEGAN VO - VEGAN OPTION AVAILABLE GFO - GLUTEN-FREE OPTION AVAILABLE  
\*MENU & PRICES SUBJECT TO CHANGE