

# TUCKSHOP MENU: WOOLOOOWIN SS - as at Jan 2026

## COLD LUNCH

**Sandwiches** - \$2.50 - \$3.50  
Vegemite / Ham / Cheese / Tomato  
wholemeal bread (HM, V, GFO)

**Chicken Caesar Wrap** (HM, GFO) - \$5.50  
*Grilled chicken, lettuce, parmesan cheese and Caesar dressing all wrapped in a flour tortilla.*

## HOT LUNCH

**Toasties** (HM, GFO) - \$3.00 - \$4.50  
Vegemite / Ham / Cheese / Chicken/ Tomato  
(Freshly made on wholemeal bread)

**Pasta Bolognese** (HM) - \$6.00  
*(Beef mince sauce with pasta topped with cheese) (HM) or Pesto Pasta (HM,V,GFO) - \$6.00 (Penne pasta with pesto sauce)*

**Chicken Nuggets & Salad** (HM, GFO) - \$6.00

**Cheese Burger** (HM, GFO, VO) - \$6.00  
*(Beef patty, lettuce, cheese, tomato.  
Veggie patty also available.)*

**Japanese Curry** (HM) - \$6.00

**Pizza** (HM, GFO) - \$6.00  
Ham/Cheese/Pineapple

## DRINKS

Bottled water - \$2.00

Sparkling water - \$2.50

Slushie - \$2.50

Plain milk / Flavoured milk - \$2.80

*(Plain/Strawberry/Chocolate)*

Juice - \$2.70  
*(Apple/Tropical)*

## BIRTHDAY OPTIONS FOR WHOLE CLASS

Birthday Cupcakes - \$30.00  
*(iced vanilla cupcakes, icing and lolly topping)*

Birthday Platter - \$20.00  
*(fruit, veggies and some treats)*

Quelch Ice Blocks - \$15.00

## SAVE TIME & ORDER ONLINE USING FLEXISCHOOLS

**HM** - HOME-MADE **GF** - GLUTEN FREE **DF** - DAIRY-FREE **V** - VEGETARIAN **VE** - VEGAN **VO** - VEGAN OPTION AVAILABLE

**GFO** - GLUTEN-FREE OPTION AVAILABLE

\*MENU & PRICES SUBJECT TO CHANGE

## SUSHI WEDNESDAY

Tuna sushi (GF)  
Chicken teriyaki sushi  
Avocado sushi (GF, V)  
Chicken Poke Bowl  
Beef Teriyaki Poke Bowl  
Vegetarian/Avocado Poke Bowl



Orders close Tuesday 10am

Prices range from \$4.00 for single roll to \$12.00 for large bowl

## SNACKS

Fruit Salad (HM, V, GF, DF) - \$3.50

Frozen Grapes (V, GF, DF) - \$1.50

Seasonal Fruit (V, GF, DF) - \$1.50

Apple Slinky (V, GF, DF) - \$2.00

Banana Bread (V) - \$2.00

Brownies (HM) - \$1.00

Vegetable sticks with hummus - \$3.00  
*(Carrot/celery/cucumber) (GF, V, DF)*

Popcorn (GF, DF) - \$1.50

Cheese & crackers (V) - \$2.50

Greek yoghurt tub (GF, V) - \$2.00  
*(Reduced fat, Vanilla, 250mL)*

Jelly Cups (HM/GF) - \$1.50

Vanilla /Chocolate Cup (GF)- \$2.50

Frozen Yoghurt - \$3.00

Bulla Split - \$2.50

Lemonade Twist - \$2.00

Quelch Ice blocks - \$1.00  
*(99% fruit juice, raspberry/lemon/orange) (DF)*