President  Julianne Wilkinson  0402 577800
Treasurer  Clare Gregory  0468 798 484
Secretary  Linda Watson  0407 758 783
DATE CLAIMERS

Club Nights: *Friday nights*
2014 Term 4  9th October - 12 December
2015 Term 1  30th January - 22 March

Marsden McAllen Shield:  29th November 2014
Championship Night  Friday 6th March
Awards Night / AGM  Friday 20th March

The Woolooloowin Wobbegongs Swimming Club is organised every year by volunteer parents. We require Parents/Guardians to help with the running of the Club. Committee meetings are held on the last Friday night of the month, after Swim Club.

AIMS OF THE CLUB

The aim of the club is to provide:

- An organised program of events that will build on each member’s individual swimming capabilities.
- A safe, fun and challenging environment.

MEMBERSHIP

An annual membership fee is payable. A membership form and medical form must be filled in for all individual swimmers.

CLUB NIGHTS

Club nights are held in the school pool every Friday night at 6pm. The Club offers a program of events each week in the following order:

- Pups 15m event in the shallow end of the pool
- Freestyle 22.5m and 45m
- Breaststroke 22.5m and 45m
- Backstroke 22.5m and 45m
- Butterfly 22.5m and 45m

Each swimmer is timed in their nominated stroke over the 22.5m distance to set their initial “best time”. Swimmers are encouraged to improve their time each week and must qualify to move on to the 45m. Swimmers who would like to build up from pups to 22.5 are encouraged to do so when they feel capable. A mentor older child is available to swim alongside.

Points are awarded each week according to how swimmers perform swim against their own best time.
**PUPS**
We offer short races at the shallow end for young swimmers (6 years and under) wishing to commence racing. A parent, older sibling or senior club member may accompany pup swimmers until they are confident to swim unassisted. A young pup may be allocated an older mentor (senior child swimmer), the same each week to encourage the Pup to step up when ready to the 22.5 metre race.

**VOLUNTEERS**
Volunteers are vital to the running of the club; it relies entirely on the generosity of the help from the volunteers. When nominating your child to swim with the Wobbegongs, you will be expected to volunteer each week.

- Canteen
- Timekeepers
- Marshalls
- Data Entry

**NOMINATIONS**

**QUALIFYING TIMES**
Qualifying times to progress to 45m (2 laps) are as follows:
- Freestyle 22 seconds
- Breaststroke 26 seconds
- Backstroke 25 seconds
- Butterfly 23 seconds

Qualifying times to progress to 112.5m (5 laps) are as follows:
- Freestyle 44 seconds
- Breaststroke 52 seconds
- Backstroke 50 seconds

**TIME TRIALS**
Swimmers are time trialed in each stroke of their choice, at a distance of 22.5m. Swimmers are awarded points according to how they swim against their own time. Past members commence the new season with their best times from the previous season.
CLUB AGE CHAMPIONSHIPS
At the end of each season a Club Championship Night is held. Swimmers are only able to swim events for their age group. There are no qualification times, but to be eligible to swim at the Club Championships swimmers must have completed at least eight swims over the whole season in a particular stroke OR four times in Term 1.

- One point for every race swam, two points when swimmer improves on previous best time in 22.5m and 45m time trials.
- When a faster time is recorded this becomes the best time for future points.
- Swimmers are expected to swim 45m upon achieving the qualifying time.
- To qualify for the Individual Medley swimmers must qualify for 45m in all strokes.

AGE CHAMPION
Age Champion is awarded to the swimmer with the most points in each age group at the end of the Championships. Age Champion trophies will be presented at the Club Awards Night. Each swimmer’s age, for the purposes of races, will be taken as their age on 31 December of the year in question.

DISTANCE EVENTS
Each club night swimmers can choose to swim a 120m event. Each club night a different stroke may be scheduled as a distance event.

AWARDS
Medals/Ribbons will be presented on the evening to the first 3 placegetters in each event. The following points will be allocated for each event.

- 1st = 6 points
- 2nd = 5 points
- 3rd = 4 points
- 4th = 3 points
- 5th = 2 points
- 6th = 1 point
CANTEEN
A variety of healthy, affordable, food and drinks will be available every club night at the school tuckshop. The menu is decided by the Canteen Conveners. Volunteers are required to help run the tuckshop on club nights.

BAD WEATHER
The President will decide when a club night should be cancelled due to bad weather. This decision will be made by 5pm. If a Swim Club night is cancelled due to bad weather, all swimmers must re-nominate for the following week. Nominations will not be carried over.

BEHAVIOUR
Wooloowin Wobbegongs aims to provide a safe environment for the conduct of activities in accordance with relevant Swimming Australia code of conduct policy. We also align our behavior policy with the policy of the school. Aggressive/bullying behavior will not be tolerated.

To make the club nights run smoothly, please encourage swimmers to listen to the marshal. The marshal has a difficult job, noise must be kept to a minimum.

Any unruly behavior may incur penalties, such as loss of Club points. If the behavior continues, you may be asked to leave the club for the evening. Ongoing unruly behavior as ruled by the committee, the swimmer will be asked to leave the club

CLUB RULES
1. At all club nights the Starter’s decision is final and binding.

2. Only financial members will be allocated points once the season recommences in term one.

3. All swimmers must wear a bathing cap.

4. An adult must accompany and supervise all children for the duration of club night.

5. Swimmers must not dive into the water at any time unless instructed to do so.
6. Swimmers must not run on concourse, play in the toilet areas, run up and down grandstands; if swimmers persist in breaking the rules they may not be allowed to swim in their events.

7. Children suffering diarrhoea or infected wounds are not permitted to swim.

8. Silence is demanded on the starter’s whistle at the start of each race.

9. There is no diving from the shallow end of the pool.

10. All 22.5m races will commence from the deep end. Relays will start from the deep end, with the change over being in the water at the shallow end.

11. SMOKING is not allowed anywhere on the school premises.

12. Alcohol is only permitted on the school grounds with prior permission from the principal. Glassware is not permitted within the pool area.

13. Rubbish must be placed in bins provided around the pool area.

14. ALL AREAS OTHER THAN THE IMMEDIATE POOL ENCLOSURE ARE OUT OF BOUNDS AT ALL TIMES.

A copy of the stroke rules and roles of the Referee, Starter and Timekeepers are available from the Nominations Desk. The Committee has the right to refuse entry to the Pool Area. The Swimming Club operates with the permission of the school principal, Mr Chris Hansen, your co-operation is requested in complying with the following Department of Education rule:

**NO SMOKING AT ANY TIME ON THE SCHOOL PREMISES**

**THANK-YOU FOR YOUR CO-OPERATION.**
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*AWARDS NIGHT / AGM 6PM*

*Championships*